

Okanagan Volleyball Association

Safety Plan (June 12, 2020)

Risk Assessment

- Based on Contact Intensity and Number of Contacts:
 - Pre mitigation = high. Post mitigation = low.
- OKVA has identified areas where people gather:
 - Shade
 - Picnic Tables
 - Control Tent
 - Bleachers
 - Team Benches
- OKVA has identified situations and processes where individuals are close to one another or members of the public:
 - Washrooms
 - Control Tent
 - Playing Surface
 - Bleachers
 - Team Benches
- OKVA has identified the equipment that may be shared by the individuals:
 - Volleyballs
 - Control Tent (results board, sunscreen)
- OKVA has identified surfaces that people often touch:
 - Control Tent (check in table, results board)
 - Scoretable

Risk Mitigation: Facility

- Facility:
 - All programs will be outside.
 - Minimize the number of participants on a court (2 vs 2 format).
 - Reduce the number of commonly touched surfaces.
 - Participants will be required to bring their own sunscreen.
 - Staff will be responsible for recording all results.

Risk Mitigation: Participants

- Participants:
 - Groups will remain small (4 participants per court).
 - Participants over the age of 65 will be further educated as they are at greater risk.
 - Staff & participants will be required to complete the COVID 19 BC Assessment Tool prior to commencing activity.
 - Staff & participants displaying symptoms of COVID 19 in the past 14 days will be unable to participate.
 - Participants will be encouraged to “Get In, Train, Get Out”. Socializing will be discouraged.

Risk Mitigation: Contact

- Contact:
 - Staff & participants must adhere to physical distancing protocols.
 - Spectators are discouraged and must adhere to physical distancing protocols.
 - Dedicated volleyball and equipment for specific groups.
 - Volleyballs & equipment will be cleaned and disinfected before, during (at scheduled times), and after use.
 - Staff & participants are to avoid unnecessary contact (high fives, handshakes, hugs, etc.).
 - Staff & participants are to refrain from sharing items (water bottles, towels, etc.).
 - Participants are encouraged to use their feet to retrieve balls that have entered their court from another court.
 - The use of electronic whistles is encouraged.
 - Online registration & payment (etransfer only).

Risk Mitigation: Hygiene

- Hygiene:
 - Staff & participants must wash their hands before, during (at scheduled times), and after activity.
 - Staff & participants must refrain from touching their face during activity.
 - Staff & participants must cover their mouth & nose with a tissue when they cough/sneeze. The tissue must be disposed of immediately.

Elimination

- Participation capacity has been reduced to 25 teams (10 courts).
 - 2 vs 2 format
 - Maximum 4-6 participants per court (21m² per participant)
- Occupancy Limits have been posted:
 - City Park Washrooms - 2
 - Office #1 - 2
 - Office #2 - 2
 - Control Tent - 2
- Physical distancing markers will be posted on site (control tent).
- Blocking will not be permitted during activity.

Engineering

- OKVA will have mobile plexi glass barriers at the Control Tent (between staff & participants) when physical distancing cannot be achieved.

Administrative

- All staff & participants must:
 - Complete the COVID 19 BC Assessment Tool each day prior to commencing activity.
 - Abide by proper hand washing and other hygiene protocol.
 - Refrain from touching their face during activity.
 - Use enhanced cleaning protocols to clean equipment before, during (at scheduled times), and after use.
 - Obey posted signage, directional signage, and maps.
- All doors will be propped open to reduce contact points.
- All entrances & exits will be clearly marked.
- All walkways will be "yield to oncoming traffic".
- All participants will have dedicated equipment.
- All participants must refrain from unnecessary contact (high fives, handshakes, hugs, etc.).
- All participants are to refrain from sharing items (water bottles, towels, etc.).
- All information will be communicated via email to all participants.

Personal Protective Equipment

- Masks are optional for staff & participants as physical distancing guidelines (or the use of barriers) will be met.
- Masks and gloves are required to be worn when physical distancing measures cannot be met.
 - Attending to an injury
 - Providing first aid
- Masks and gloves will be provided by OKVA.
 - Mask Training will be provided electronically.
 - BC Centre for Disease Control
 - <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/prevention-risks/masks>
 - http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_MOH_BCCDC_Donning.pdf
 - http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_MOH_BCCDC_Doffing.pdf

Hygiene Protocol

- All staff & participants will be provided with the enhanced hygiene and cleaning protocols via email (prior to activities commencing).
- Hand washing locations (washrooms) will be easily accessible.
- Additional hand sanitizing stations will be easily accessible.
- Enhanced hygiene protocols will be in effect (hourly).
 - Staff & participants are required to wash their hands before, during (at scheduled times), and after activity
- Enhanced cleaning protocols will be in effect (hourly).
 - Participants are required to clean equipment before, during (at scheduled times), and after use.
 - Staff is required to disinfect equipment between uses.
 - Staff is required to clean & disinfect the control tent and all frequently touched surfaces.
 - Staff will have dedicated equipment to reduce the need to share equipment.
- All unnecessary equipment has been removed.

Policy (Sick, Ill, Symptomatic)

- All staff & participants must complete the COVID 19 BC Assessment Tool each day prior to commencing activity.
- All participants must sign a waiver prior to participating in an activity.
- All participants must sign the COVID 19 Declaration each day prior to participating in an activity.
- The following participants will be prohibited from participating:
 - Anyone that has had symptoms of COVID 19 in the last 14 days (fever, chills, cough, shortness of breath, sore throat, etc.)
 - Anyone directed to self isolate by Public Health.
 - Anyone that has returned from international travel within the past 14 days.
- Staff & participants that start to feel ill while participating must:
 - Notify the Control Tent (first aid).
 - Wash hands, wear a mask, and immediately leave the facility (or isolate until they are able to leave).
 - Call 811 for further guidance.
 - For severe cases: call 911.
 - Clean & disinfect any surfaces that the staff has contacted.

Communication & Training

- All participants will be provided with OKVA's Safety Plan via email, including staying home when sick.
- A hard copy of OKVA's safety plan will be available on site at the Control Tent.
- Clear signage will be posted at the Control Tent:
 - Physical Distancing
 - Hygiene Protocols (hand washing)
 - Cleaning Protocols (volleyballs & equipment)
 - Occupancy Limits
 - Directional Signage
 - COVID 19 Education & Infection Prevention
 - Screening Measures (prohibiting participation):
 - Symptoms
 - International Travel
 - Self Isolation Direction
- All staff will be trained on monitoring participants to ensure policies and procedures are followed.
- All participants must notify the Program Manager if they have been subsequently diagnosed with COVID 19 within 14 days of participating in a volleyball activity.
- Participant details will be recorded and retained for contact tracing.

Development

- OKVA will continually monitor the success of the Safety Plan.
 - OKVA will progress their Safety Plan in alignment with Volleyball Canada, Volleyball BC, and viaSport expansion.
- OKVA will conduct weekly risk assessments to ensure that risk mitigation is accurate.
- All concerns can be directed to the Program Coordinator to forward to the Program Manager.
- The Program Manager will seek guidance from Interior Health or WorkSafe BC when necessary.

Resumption of Operations

- All staff (new & returning) will be required to complete online training.
 - Staff
 - Coaches
 - Volunteers
- Additional training will be provided for any changes in roles or responsibilities.
- Additional training will be provided for any changes in programming.
- Unnecessary equipment has been cleaned & removed.
 - Additional items that need to be cleaned & removed will be done so using enhanced cleaning protocols.